



Now self-insured companies can give employees with cancer diagnoses the additional support they need.

Narus Health manages emotional and clinical recovery from diagnosis through treatment and beyond.

Nearly 2 million Americans are diagnosed with cancer each year, according to the National Cancer Institute.¹ A cancer diagnosis affects both the patient and their family members, and selecting the right providers, determining the right treatment plan, undergoing treatments and managing side effects can be overwhelming. Tellingly, nearly 1 in 4 people with cancer also experience major or clinical depression, according to the American Cancer Society.²

Now you can give your employees who have been diagnosed with cancer hands-on case management, utilization management, behavioral health support and nutritional support all in one. Narus Health, a Lucent Health Company, offers oncology care management as one of its five key disease management programs.

When oncology care management is integrated into your health plan administration, employees and their families get the help of a patient advocate who offers information, support and guidance throughout their cancer journey while ensuring they get the appropriate treatments at the right times.

Narus Health's oncology team has specialized training and certifications, with more than 50 years of combined experience working with oncology patients. The team includes nurses, nutritionists and behavioral health counselors.

"We are really focused on hiring nurses and case managers who are certified in oncology," says Sheila Goode, vice president of clinical services at Narus Health. "Managing cancer is completely different from managing other diseases, and patients need someone who has experience to walk them through each step, explain what to expect."

The coordinated care management team supports the diagnosed patient with large case management, utilization management, behavior health support and nutritional support all in one product. The patient has the full Narus Health team at their disposal for the entire diagnosis and treatment journey, and beyond.

For self-insured companies, managing healthcare costs and improving employees' healthcare outcomes can have a positive bottom-line impact. When employers choose a self-insured health plan administrator that offers integrated oncology care management, employees and their families get the help and care they need to manage healthcare issues and understanding out of pocket costs.



Collaborative Care Management and Coordination: A care manager organizes providers, equipment and all the help a cancer patient will need. They review the treatment plan, set up a home care plan, set up outpatient services, and continually verify medications and treatments.



Treatment Explanations: Sometimes cancer treatment plans are modified or completely changed. That can be scary or difficult to understand for patients. An oncology care manager can explain exactly what to expect, discuss potential side effects, and make sure the doctor has ordered any medications needed to manage those side effects.



Family Support: When patient family members have someone to turn to, they can be better prepared for what to expect and understand how they can best help their loved one fight cancer. With the Narus Health oncology care management program, a family member can have their own case manager while the patient has a separate one.

Reach Out to Learn More

To talk with a care team member from Narus Health, a Lucent Health Company, call: 888-585-3309 | Monday–Friday from 7 a.m. to 7 p.m. CT

¹ <https://seer.cancer.gov/statfacts/html/common.html>

² <https://www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects/emotional-mood-changes/depression.html>